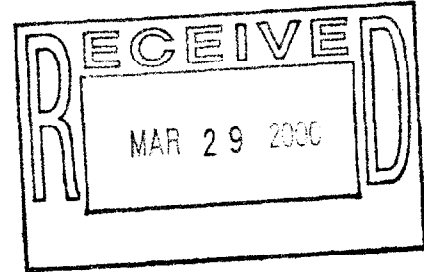




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March 23, 2000

Food and Drug Administration
Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
200 C Street, SW
Washington, DC 20204

Dear Sirs:

Notice is hereby given that Rexall Showcase International, Inc. ("RSI") located at 853 Broken Sound Parkway, N.W., Boca Raton, Florida 33487 has marketed a dietary supplement bearing the following statement(s) on the label and/or in the labeling:

Ultimate Performance™ Workout Essentials: [It] replaces vital nutrients that strenuous activities deplete.

The undersigned certifies that the information contained in this notice is complete and accurate and that RSI has substantiation that the statement is truthful and not misleading.

Sincerely,

Deborah Shur Trinker
Vice President of Regulatory Affairs
and Assistant General Counsel

Enclosure

97S-0162